

Post- I.V Sedation Anesthesia Instructions for Patients



**PERIODONTAL AND IMPLANT SURGEONS
OF HOUSTON**

2600 S. Gessner Rd #304 Houston, TX 77063
Tel: (713)-785-4867 Fax: (713)-785-1191

PAIN AND FEVER

Drugs such as Tylenol, Advil or Motrin are usually effective for mild pain and fever that may follow your surgery and anesthesia. If you have concerns, call our office at (713)-785-4867 or your anesthesiologist.

NAUSEA AND VOMITING

Although nausea and vomiting does sometime occur after anesthesia, it is usually limited to 1 or 2 episodes. If this condition persists, you may need a prescription medication. Please do not hesitate to call our office if you think you need medication for this condition.

DIET

Limit oral intake for the first 1-2 hours to clear liquids (water, sprite, apple juice, Gatorade). If you tolerate clear liquids, you may resume your regular diet when you are able, unless otherwise directed by your Doctor.

ACTIVITY

Do not drive or engage in moderate to high physical activity for at least 12 hours and preferably 24 hours following your procedure. Do not operate any hazardous machinery or equipment for 24 hours following anesthetic.

SORENESS/REDNESS AT THE I.V SITE

This condition, called phlebitis, is inflammation of the vein. This condition is usually self-limiting and may occur within 24 hours to 2 weeks following anesthetic and may be accompanied by a low-grade temperature. This condition may persist for 2 weeks and 6 months. Treat with Tylenol, Advil, or Motrin along with warm moist heat to the inflamed area. If this condition persists, please contact our office at 713-785-4867.