

Instructions for Patient Prior to I.V Sedation Anesthesia



**PERIODONTAL AND IMPLANT SURGEONS
OF HOUSTON**

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EATING AND DRINKING

It is extremely important that patients have an empty stomach prior to anesthesia. For this reason, adults and teenagers are not to have **anything** to eat or drink for **six (6) hours** before their scheduled appointment. If you have a morning appointment, do not eat or drink anything after midnight. No alcohol and no smoking **24 hours** prior to surgery.

CHANGE IN HEALTH

A change in health, especially the development of a cold or fever, is extremely important. Please notify your Doctor if there is any change in your health status.

MEDICATIONS

Prescription medications should be taken as scheduled with a sip of water unless otherwise noted by your Doctor. Please inform the anesthesiologist of **all** medications you are currently taking and have taken within the last two weeks.

CLOTHING

On the day of the surgery, it is suggested that you wear loose fitting clothes and comfortable flat sole shoes, no sandals. Please pull long hair back, and remove nail polish and acrylic finger nail from your right index finger. Do not wear contact lenses, makeup, or facial and oral jewelry, as it can contaminate the surgical site.

DESIGNATED DRIVER

A responsible adult must accompany the patient to this office and remaining in the lobby throughout the surgical procedure. You are not to arrive or leave alone, even if you are being chauffeured by a taxi or bus. After the surgery an adult is recommended to remain with you for the rest of the day or **at least 4 hours** post-surgery. Please refrain from operating a motor vehicle or heavy machinery for 24 hours after surgery.